



Model Curriculum

QP Name: Ayurvedic Aesthetic Assistant

QP Code: HSS/Q3607

Version: 1.0

NSQF Level: 3

Model Curriculum Version: 1.0

Healthcare Sector Skill Council | | Healthcare Sector Skill Council, 520, DLF Tower A, 5th Floor, Jasola District Centre,
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Training Parameters

Sector	Healthcare
Sub-Sector	AYUSH
Occupation	Aesthetic
Country	India
NSQF Level	3
Aligned to NCO/ISCO/ISIC Code	NCO-2015/2230
Minimum Educational Qualification and Experience	<ul style="list-style-type: none"> • Grade 10 pass Or • Class 8th Pass with 2 years of relevant experience Or • Grade 8 pass and pursuing continuous schooling in regular school with vocational subject Or • Previous relevant qualification of NSQF Level 2.5 with 1.5 years of relevant experience
Pre-Requisite License or Training	
Minimum Job Entry Age	18 Years
Last Reviewed On	29/09/2023
Next Review Date	29/09/2026
NSQC Approval Date	29/09/2023
QP Version	1.0
Model Curriculum Creation Date	29/09/2023
Model Curriculum Valid Up to Date	29/09/2026
Model Curriculum Version	1.0
Minimum Duration of the Course	480 hrs.
Maximum Duration of the Course	480 hrs.

Program Overview

This section summarizes the end objectives of the program along with its duration.

Training Outcomes

At the end of the program, the learner should have acquired the listed knowledge and skills.

- Explain the concept and fundamental principles of Ayurveda.
- Understand the concept of Sharir Rachna and Sharir kriya
- Understand the concept and role of Ayurvedic Aesthetic Assistant
- Basic understanding of self-care according to Ayurveda Siddhanta.
- Basic understanding of Ayurvedic Aesthetic regime according to Ayurveda.
- Explain the concept of Ritucharya on skin hair, and nails.
- Assist in various aesthetic products as prescribed by the physician.
- Understanding the pre-procedure, Procedure and post-procedure of Aesthetic Therapy.
- Prepare the work area to ensure the efficiency and effectiveness of the outcome.
- Maintain personal hygiene, grooming, and personal behavior in accordance with the organization's standards.
- Demonstrate the process of maintaining relevant records.
- Maintain a safe, healthy, and secure working environment.
- Maintain professional and medico-legal conduct in accordance with legislation, protocols, and guidelines set up by the relevant authorities.

Compulsory Modules

The table lists the modules and their duration corresponding to the Compulsory NOS of the QP.

NOS and Module Details	Theory Duration	Practical Duration	On-the-Job Training Duration (Mandatory)	On-the-Job Training Duration (Recommended)	Total Duration
HSS/N3620 Conduct pre-procedural requirements for Ayurvedic Aesthetic Therapy procedure	30:00	45:00	30:00	00:00	105:00
Module 1: Introduction to AYUSH Healthcare System	10:00	05:00	00:00	00:00	15:00
Module 2: Basics of Sharira Rachna and Sharira Kriya	10:00	10:00	00:00	00:00	20:00
Module 3: Prerequisites to Ayurvedic Aesthetic Therapy	10:00	30:00	00:00	00:00	40:00

2. HSS/N3621: Assist in Pradhan karma related to Ayurvedic Aesthetic Therapy	30:00	45:00	30:00	00:00	105:00
Module 4: Pradhan Karma of Aesthetic Therapy	30:00	45:00	00:00	00:00	75:00
3.HSS/N3622: Assist in Paschat karma related to Ayurvedic Aesthetic Therapy	30:00	45:00	30:00	00:00	105:00
Module 5: Paschat Karma of Aesthetic Therapy	30:00	45:00	00:00	00:00	75:00
4.HSS/N3623: Provide support in day-to-day activities at a unit	15:00	30:00	30:00	00:00	75:00
Module 6: Support in day-to-day activity work	15:00	30:00	00:00	00:00	45:00
5.HSS/N9624 Maintain a safe and secure working environment	05:00	05:00	20:00	00:00	30:00
Module 7: Safety, emergency medical response and first aid	05:00	05:00	00:00	00:00	10:00
HSS/N9625: Maintain interpersonal relationships and professional conduct	05:00	05:00	05:00	00:00	15:00
Module-8: Professional Standards of Grooming and Conduct	05:00	05:00	00:00	00:00	10:00
HSS/N9618: Follow infection control policies & procedures including biomedical waste disposal protocols	05:00	05:00	05:00	00:00	15:00

_Module 9: Infection control policy and procedures	03:00	03:00	00:00	00:00	06:00
Module 10: Bio medical waste management	02:00	02:00	00:00	00:00	04:00
Total Duration	120:00	180:00	150:00	00:00	450:00
<u>Module 11:</u> <u>DGT/VSQ/N0101 :</u> <u>Employability Skills (30 Hours)</u>	30:00	00:00	00:00	00:00	30:00
Total Duration	150:00	180:00	150:00	00:00	480:00

Module Details

Module 1: Introduction to AYUSH healthcare system

Mapped to: HSS/N3620

Terminal Outcomes:

- Describe the basic structure and function of AYUSH healthcare delivery system.
- Discuss the importance of Ayurvedic Aesthetic Therapy

Duration: 10:00	Duration: 05:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Describe the AYUSH healthcare system in India at the primary, secondary, tertiary level • Distinguish between private, public, and non-profit AYUSH healthcare systems • Discuss in detail about healthcare setup and services involved. • List the professionals involved at healthcare facility along with their scope of work. 	<ul style="list-style-type: none"> • Prepare a note on the basic structure and function of AYUSH healthcare delivery system in India. • Prepare a chart of working setup of all the Ayurvedic clinic./Ayurvedic hospitals.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster, yoga e-modules	
Tools, Equipment and Other Requirements	

Module 2 Basics of Sharira Rachna and Sharira Kriya Mapped to: HSS/N3620

Terminal Outcomes:

- Demonstrate the knowledge of basic structure and function of the human body.
- Demonstrate the knowledge of *twacha*(skin),*nakha*(nail)and hair.

Duration: 10:00	Duration: 10:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • List down various body parts. • Explain about basic anatomy and physiology of human body (Sharira, Kosha, Prana, Nadi, Chakra, Marma). • Explain about homeostasis, its mechanism to maintain the body's internal environment. • Introduction to sensory organs (Eyes, Nose, Ears, Tongue and Skin). • Explain the concept of Dosha-Dhatu, Mala. • Explain about Musculo Skeletal system, Respiratory System, Digestive system, Excretory system, Circulatory system, Nervous system, Endocrine system and Reproductive system • Explain the nine systems of the human body-their structure and functions on the different body systems. • Explain the concept of Rachna and kriya of <i>twacha</i> ,<i>nakha</i> and <i>kesha</i>. • Explain about herbs for <i>twacha</i> vikaras for <i>varnya</i> ,<i>keshya</i> ,<i>vayasthapana</i> ,<i>krimighna</i> • Effects of Ahara -vihara in the prevention of various <i>twacha</i> vikaras 	<ul style="list-style-type: none"> • Prepare a model of human body parts using waste material depicting different anatomical parts. • Prepare models and charts to explain different body parts. • Explain the kriya of different systems of the body. • Demonstrate kriya of <i>Twacha</i> , <i>nakha</i> and <i>Kesha</i>. • <i>Preparing of herbs and formulation for beauty</i> <i>Like varnya ,keshya ,vayasthapana ,krimighna</i> <i>Rasayana ,and balya</i> • Prepare a chart or model explaining hair , <i>twacha</i> nail and <i>kesha</i> structure
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, (marker, Duster, AV Aids for Understanding Human Body Structure and Function	
Tools, Equipment and Other Requirements	
Human Body Skeleton, Charts and Posters on body systems	

Module 3: Prerequisites to Ayurvedic Aesthetic Therapy

Mapped to: HSS/N3620

Terminal Outcomes:

- Conduct pre-procedural requirements for Ayurvedic Aesthetic Therapy as per instruction.

Duration: 10:00	Duration: 30:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • importance of self introduction to the client • Explain the importance of taking consent and other documents/form from the client • How to maintain client privacy throughout • Personal articles of the individual are taken and kept secure • Basic knowledge of drug preparation • Basic identification of plant origin drugs • Basic knowledge of Mineral drugs, Herbs and its relevant preparations. 	<ul style="list-style-type: none"> • Demonstrate the effective interaction with patient. • Identify the equipment required in the role of Aesthetic procedure in a procedure room. • Demonstrate the correct method of positioning for the procedure. • Identification drugs relevant to Aesthetic therapy nirgundi, rasona, jambira, haridra, vacha, shunthi, guduchi, bala, kadali, manjistha, nimba, aragvadha, apamarga, shigru, ela, amalaki, vibhitaki, haritaki, tila, sarshapa, aloevera, masoor, chandan, nagkeshar, padmak, ushir, madhuk, sarivaa, payasyaa, durva, arjun, lodhra, vidan g, mehendi, eucalyptus, reetha, sikakai, papaya, jaiphal, chironji, walnut, japa, Kapoor, guggulu, jyotishmati (ra ktaprasadan, varniyamahakasaya or sitaprasaman
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster,	
Tools, Equipment and Other Requirements	
models, Charts and Posters of different methods of procedure	

Module 4. Pradhan Karma of Aesthetic Therapy

Mapped to: HSS/N3621

Terminal Outcomes:

- Define Ayurvedic Aesthetic Therapy
- Demonstrate the procedure of Aesthetic therapy

Duration: 30:00	Duration: 45:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain about Aesthetic therapy procedure • Explain about importance of maintaining cleanliness and orderliness in doing procedure • Explain the importance of maintaining client privacy during the procedure. • Explain the significance, techniques, temperature of aushadi, and rhythms during the Aesthetic therapy . • Explain the divisions /types of lepas and drugs. • Explain the importance of maintaining correct position during the process. • Explain about different oils and drugs used in procedure. • Discuss the mechanism of Skin cleansing, toning, tanning removal, face packs and moisturizing techniques. • Develop basic understanding about Ayurvedic herbs and preparations • Explain body massage techniques utilizing specific Ayurvedic herbs and preparations • Explain about different doshic condition and related skin disease. • Explain about Hasta–paadaprasadhana (Ayurveda pedicure and manicure with specific • Discuss the role of Ayurvedic herbs for aesthetic purposes and preparations with doshic analysis.) 	<ul style="list-style-type: none"> • Demonstrate the correct techniques of Abhyanga of face. • Demonstrate the correct techniques of different medicines for application. • Basic knowledge of Aesthetic prasadana unit policy, protocols and procedures guidelines • Basic knowledge of safety precautions to be followed during the Aesthetic procedure. • Basic knowledge of Pradhan karma like skin cleansing, toning tanning removal ,face packs and various procedure protocol . • Demonstrate the procedure protocol for Aesthetic therapy. • Demonstrate the formulation for hair, • Nails and Hasta pada prasadana
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster,	
Tools, Equipment and Other Requirements	
models, Charts and Posters of different methods of procedure	

Module 5 : Paschat Karma of Aesthetic Therapy

Mapped to: HSS/N3622

Terminal Outcomes:

- Carry out post-procedure activities of the Ayurvedic Aesthetic unit
- Do,s and Don'ts of post procedure.
- Reporting and documentation

Duration: 30:00	Duration: 45:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the procedure to clean the client body after procedure. • Enlist post dos and don'ts of related to Aesthetic therapy session as per prescriptions/orders. • Explain the process of cleaning/ disinfection/ sterilization of procedure room set up and equipment. • Explain the process of maintaining client's records and confidentiality. • Explain the process of maintaining records of consumable and non- consumables items like sheets, towels, napkins etc. • Explain about safety measures of crude medicine from moisture, water, fire, rodents, insects, and mites etc. • Explain the process of report any malfunction, damage, shortage of stock, missing item, or sub-optimal performance to appropriate authority. 	<ul style="list-style-type: none"> • Prepare Aesthetic unit for next procedure as per organizational policies. • Demonstrate the process of packing and storing equipment, materials, and consumables. • Demonstrate the process of Sterilization of instruments and procedure room. • Prepare a checklist of equipment, materials, and consumables for storage practices.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster, drug identification.	
Tools, Equipment and Other Requirements	
Drug identification, dry and wet medicine for application,	

Module 6 : Support in day-to-day activity work

Mapped to: HSS/N3623

Terminal Outcomes:

- ☑ Demonstrate the activities in daily regime.

Duration: 15:00	Duration: 30:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Understand the importance of understanding limitations or comfort areas of participant basis on preferences considering factors such as gender, religion, culture, language etc. • Discuss the precautions to be taken after Aesthetic therapy. • Explain the complications after procedure if any to the participant. • Understand the importance of communicating and behaving in a professional manner when dealing with participant. • Understand organizational policies and protocols relevant for day today task. • Understand the importance in organizing files, maintaining unit supplies. • Understand the process of appointments for smooth functioning. 	<ul style="list-style-type: none"> • Demonstrate safe work practices For the therapy. • Demonstrate a calm session before starting a procedure. • Demonstrate various Aushad formulations for effective sessions based on individual preference. • Learn in a skill lab as demonstration to answer incoming and outgoing communications such as emails, phone calls etc as per organizational policies and protocols • Practise entering data into databases, maintaining records, and updating information as required. • In a role play, assist clients with inquiries, complaints, or requests.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster,	
Tools, Equipment and Other Requirements	
Instruments required for different Aesthetic therapies	

Module 7 : Safety, emergency medical response and first aid

Mapped to: HSS/N9624

Terminal Outcomes:

- Perform Basic Life Support or basic first aid in medical emergency situations, as and when required.
- Respond to institutional emergencies appropriately.

Duration: 05:00	Duration:05:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the basics of first aid. • List the precautions to be taken for personal safety. • Discuss how to perform Basic Life Support (BLS). • Explain the use of protective devices such as restraints and safety devices. • Identify precautions to be taken for self-safety. • Explain about disaster management techniques to deal with institutional emergencies. • Discuss about the escalation matrix for referral and management of common emergencies. 	<ul style="list-style-type: none"> • Create a chart depicting different types of protective devices such as restraints and safety devices. • Create a flow chart depicting common emergency situations and its referral mechanism.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, Whiteboard/Smart Board, Marker, Duster.	
Tools, Equipment and Other Requirements	
Crash cart trolley, first aid box, CPR nursing manikin, Ambu bag with mask adult, torch, physical restraints, fire extinguisher	

Module 8: Professional Standards of Grooming and Conduct

Mapped to: HSS/N9625

Terminal Outcomes:

- Display appropriate professional appearance for the workplace.
- Display helpful behavior by assisting others in performing tasks in a positive manner, where required and possible.

Duration: 05:00	Duration: 05:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the importance of professional appearance: clean uniform, neat and combed hair, polished footwear, well-manicured nails, etc. • Explain about importance of wearing masks and head gear in sensitive areas. • Explain the steps of hand washing. • Consult with and assist others to maximize effectiveness and efficiency in carrying out tasks. • Demonstrate responsible and disciplined behaviour at the workplace. 	<ul style="list-style-type: none"> • Demonstrate hand washing technique. • List various Personal Protective Equipment's (PPE).
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster.	

Module 9: Infection control policies and procedures

Mapped to: HSS/N9618

Terminal Outcomes:

- Develop techniques of self-hygiene.
- Apply infection control policies and procedures during daily activities.

Duration: 03:00	Duration: 03:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Explain the concept of healthy living. • Describe the importance of infection control and prevention. • List strategies for preventing transmission of pathogenic organisms. • Describe the nosocomial infections. • Explain the importance of incident reporting. • Explain the concept of immunization. • Describe the hand-hygiene guidelines and procedures used in healthcare-settings. • Explain the importance of using Personal Protective Equipment (PPE). • List the types of PPE. • Describe the process of wearing and removing each of the PPE. • Explain various vaccinations against common infectious diseases. 	<ul style="list-style-type: none"> • Prepare a chart on type of Nosocomial Infections and ways to prevent. • Demonstrate the steps of spill management. • Create a sample toolkit for HAZMAT • Demonstrate the procedures of hand hygiene using soap and water. • Demonstrate the procedures of hand hygiene using hand sanitizer. • Demonstrate wearing, removing, and discarding of PPE.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster	
Tools, Equipment and Other Requirements	
Hypochlorite solution, chlorhexidine, alcohol swab. Apron, lab coat, gloves, mask, cap, shoes, safety goggles and spectacles, towels, cotton, isopropyl alcohol, Disposable cartridge and syringes, Spill Kit	

Module 10: Bio-medical waste management

Mapped to: HSS/N9618

Terminal Outcomes:

- Dispose different types of biomedical waste in appropriate colour coded bins/containers.
- Apply local guidelines of biomedical waste disposal system during daily activities.

Duration: 02:00	Duration: 02:00
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
<ul style="list-style-type: none"> • Categorize the different types of biomedical waste. • Explain the importance and mechanism of proper and safe disposal, transportation, and treatment of bio-medical waste. • Identify the various types of colour coded bins/containers used for disposal of biomedical waste. • Explain the importance of following local guidelines of biomedical waste disposal. 	<ul style="list-style-type: none"> • Segregate the biomedical waste applying the local guidelines. • Create a chart depicting different types of biomedical waste and various types of color coded bins/containers used for disposal of biomedical waste. • Prepare a report on the observations from field assignment about the structure of transportation and treatment of bio-medical waste.
Classroom Aids:	
Charts, Models, Video presentation, Flip Chart, White-Board/Smart Board, Marker, Duster	
Tools, Equipment and Other Requirements	
Different coded color bins, chart for color coding of bins Visit to biomedical waste treatment plant for field assignment	

Module 11: DGT/VSQ/N0101 Employability Skills (30 hours)

Mapped to Ayurvedic Aesthetic Assistant

Mandatory Duration: 30:00

Location: On-Site

Module Name	Key Learning Outcomes	Duration (hours)
Introduction to Employability Skills	<ul style="list-style-type: none"> Discuss the importance of Employability Skills in meeting the job requirements. 	1
Constitutional values - Citizenship	<ul style="list-style-type: none"> Explain constitutional values, civic rights, duties, citizenship, responsibility towards society etc. that are required to be followed to become a responsible citizen. Show how to practice different environmentally sustainable practices. 	1

Becoming a Professional in the 21st Century	<ul style="list-style-type: none"> Discuss 21st century skills. Display positive attitude, self -motivation, problem solving, time management skills and continuous learning mindset in different situations. 	1
Basic English Skills	<ul style="list-style-type: none"> Use appropriate basic English sentences/phrases while speaking. 	2
Communication Skills	<ul style="list-style-type: none"> Demonstrate how to communicate in a well -mannered way with others. Demonstrate working with others in a team. 	4
Diversity & Inclusion	<ul style="list-style-type: none"> Show how to conduct oneself appropriately with all genders and PwD. Discuss the significance of reporting sexual harassment issues in time. 	1
Financial and Legal Literacy	<ul style="list-style-type: none"> Discuss the significance of using financial products and services safely and securely. Explain the importance of managing expenses, income, and savings. Explain the significance of approaching the concerned authorities in time for any exploitation as per legal rights and laws. 	4
Essential Digital Skills	<ul style="list-style-type: none"> Show how to operate digital devices and use the associated applications and features, safely and securely. Discuss the significance of using internet for browsing, accessing social media platforms, safely and securely. 	3
Entrepreneurship	<ul style="list-style-type: none"> Discuss the need for identifying opportunities for potential business, sources for arranging money and potential legal and financial challenges. 	7
Customer Service	<ul style="list-style-type: none"> Differentiate between types of customers. Explain the significance of identifying customer needs and addressing them. Discuss the significance of maintaining hygiene and dressing appropriately. 	4
Getting ready for apprenticeship & Jobs	<ul style="list-style-type: none"> Create a biodata. Use various sources to search and apply for jobs. Discuss the significance of dressing up neatly and maintaining hygiene for an interview. Discuss how to search and register for apprenticeship opportunities. 	2

LIST OF TOOLS & EQUIPMENT FOR EMPLOYABILITY SKILLS

S No.	Name of the Equipment	Quantity
1.	Computer (PC) with latest configurations – and Internet connection with standard operating system and standard word processor and worksheet software (Licensed) (all software should either be latest version or one/two version below)	As required
2.	UPS	As required
3.	Scanner cum Printer	As required
4.	Computer Tables	As required
5.	Computer Chairs	As required
6.	LCD Projector	As required
7.	White Board 1200mm x 900mm	As required

Note: Above Tools & Equipment not required, if Computer LAB is available in the institute.

Module 12: On-the-Job Training

Mapped to Ayurvedic Aesthetic Assistant

Mandatory Duration: 150 :00	Recommended Duration: 00:00
Location: On-Site	
<ul style="list-style-type: none"> • Support In preparation of the main procedure • Support to the patient to follow the regime according to Ayurveda. • Demonstrate the concept of Ritucharya on skin hair, and nails. • Assist in various Naturopathy procedures as prescribed by the physician. • Planning of pre-procedure, Procedure, and post-procedure of Aesthetic Therapy. • Record the observations during the procedure. • Support in the basics of first aid. • List the precautions to be taken for personal safety and medico-legal conduct • Plan measures for safety of crude medicine from moisture, water, fire, rodents, insects, and mites etc. • Emphasize in the process of the report of any incident. • Record the malfunction, damage, shortage of stock, or missing item • Plan in the process of maintaining records of consumable and non-consumables items like sheets, towels, napkins etc. • Communicate about disaster management techniques to deal with institutional emergencies. • Demonstrate various Aushad formulations for effective sessions based on individual preference. • Communicate with the patient regarding any problem related to the procedure. • Follow up for the next appointment and procedure 	

Annexure

Trainer Requirements

Trainer Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training Experience		Remarks
		Years	Specialization	Years	Specialization	
Diploma	in Cosmetology	3	<i>Cosmetology experience In field of Ayurveda</i>	0		NA
Graduate	in Cosmetology	2	<i>Cosmetology experience In field of Ayurveda)</i>	0		NA
MSc	In Saundaya (Ayurveda Cosmetology)	1	<i>Relevant Experience</i>	0		NA
Medical Graduate	BAMS	2	<i>Relevant Experience</i>	0		NA
MD	Ayurveda	1	<i>Relevant Experience</i>	0		NA

Trainer Certification	
Domain Certification	Platform Certification
Certified for Job Role: "Ayurvedic Aesthetic Assistant" mapped to the Qualification Pack: "HSS/Q3607 v1.0" with minimum score of 80%.	Recommended that the Trainer is certified for the Job Role: "Trainer (VET and Skills)", mapped to the Qualification Pack: "MEP/Q2601, v2.0" with minimum score of 80%.

Trainer Prerequisites						
Minimum Educational Qualification	Specialization	Relevant Industry Experience		Training Experience		Remarks
		Years	Specialization	Years	Specialization	
Diploma	in Cosmetology	4	<i>Cosmetology experience In field of Ayurveda</i>	0		NA
Graduate	in Cosmetology	3	<i>Cosmetology experience In field of Ayurveda)</i>	0		NA
MSc	In Saundarya (Ayurveda Cosmetology)	1	<i>Relevant Experience</i>	0		NA
Medical Graduate	BAMS	3	<i>Relevant Experience</i>	0		NA
MD	Ayurveda	1	<i>Relevant Experience</i>	0		NA

Assessor Certification	
Domain Certification	Platform Certification
Certified for Job Role: "Ayurvedic Aesthetic Assistant" mapped to the Qualification Pack: "HSS/Q3607 v1.0" with minimum score of 80%.	Recommended that the Assessor is certified for the Job Role: "Assessor (VET and Skills)", mapped to the Qualification Pack: "MEP/Q2701, v2.0" with minimum score of 80%.

Assessment Strategy

The emphasis is on 'learning-by-doing' and practical demonstration of skills and knowledge based on the performance criteria. Accordingly, assessment criteria for each job role is set and made available in qualification pack.

The assessment papers for both theory and practical would be developed by Subject Matter Experts (SME) hired by Healthcare Sector Skill Council or with the HSSC accredited Assessment Agency as per the assessment criteria mentioned in the Qualification Pack. The assessments papers would also be checked for the various outcome-based parameters such as quality, time taken, precision, tools and equipment requirement etc.

Each NOS in the Qualification Pack (QP) is assigned a relative weightage for assessment based on the criticality of the NOS. Therein each Element/Performance Criteria in the NOS is assigned marks on relative importance, criticality of function and training infrastructure.

The following tools would be used for final assessment:

1. Practical Assessment: This comprises of a creation of mock environment in the skill lab which is equipped with all equipment required for the qualification pack.

Candidate's soft skills, communication, aptitude, safety consciousness, quality consciousness etc. is ascertained by observation and marked in observation checklist. The outcome is measured against the specified dimensions and standards to gauge the level of their skill achievements.

2. Viva/Structured Interview: This tool is used to assess the conceptual understanding and the behavioral aspects with regard to the job role and the specific task at hand. It also includes questions on safety, quality, environment, and equipment etc.

3. Written Test: Question paper consisting of 100 MCQs (Hard:40, Medium:30 and Easy: 30) with questions from each element of each NOS. The written assessment paper is comprised of following types of questions:

- i. True / False Statements
- ii. Multiple Choice Questions
- iii. Matching Type Questions.
- iv. Fill in the blanks.
- v. Scenario based Questions.
- vi. Identification Questions

QA Regarding Assessors:

Assessors are selected as per the "eligibility criteria" laid down by HSSC for assessing each job role. The assessors selected by Assessment Agencies are scrutinized and made to undergo training and introduction to HSSC Assessment Framework, competency based assessments, assessors guide etc. HSSC conducts "Training of Assessors" program from time to time for each job role and sensitize assessors regarding assessment process and strategy which is outlined on following mandatory parameters:

- 1) Guidance regarding NSQF
- 2) Qualification Pack Structure
- 3) Guidance for the assessor to conduct theory, practical and viva assessments
- 4) Guidance for trainees to be given by assessor before the start of the assessments.
- 5) Guidance on assessments process, practical brief with steps of operations practical observation checklist and mark sheet
- 6) Viva guidance for uniformity and consistency across the batch.
- 7) Mock assessments
- 8) Sample question paper and practical demonstration

References

Glossary

Sector	Sector is a conglomeration of different business operations having similar business and interests. It may also be defined as a distinct subset of the economy whose components share similar characteristics and interests.
Sub-sector	Sub-sector is derived from a further breakdown based on the characteristics and interests of its components.
Occupation	Occupation is a set of job roles, which perform similar/ related set of functions in an industry.
National Occupational Standards (NOS)	NOS are occupational standards which apply uniquely in the Indian context.
Qualifications Pack (QP)	QP comprises the set of OS, together with the educational, training and other criteria required to perform a job role. A QP is assigned a unique qualifications pack code.

Acronyms and Abbreviations

NOS	National Occupational Standard(s)
NSQF	National Skills Qualifications Framework
QP	Qualifications Pack
PPE	Personal Protective Equipment
SOP	Standard Operating Procedure