

APPRENTICESHIP CURRICULUM (OPTIONAL TRADE)

Healthcare Sector Skill Council

Home Health Aide

Course Code: CO062200038

NAPS Non-NAPS

NSQF Level: 3

Job Role Relevant Image Place Holder

Table of Contents

Course Details.....	3
Module Details.....	6
Glossary	20
Acronyms.....	20
Annexure 1: Tools and Equipment	21
List of Tools and Equipment	21
Classroom Aids	26
Annexure 2: Assessment Strategy	26
Annexure 3: Mode of Training.....	36

Course Details

1.	Course Name	Home Health Aide V2.0														
2.	Course Code	CO062200038														
3.	Apprenticeship Training Duration: <i>(2 to 4 weeks of BT is embedded in this duration as per the requirement of the establishment)</i>	Months: 6														
	Remarks															
4.	Credit	TBD														
5.	NSQF Level <i>(Mandatory for NAPS)</i>	3	NSQC Approval Date: 07/01/2021													
6.	Related NSQF aligned qualification details	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 10%;">S. No.</th> <th style="width: 40%;">QP/ Qualification/ NOS Name (As applicable)</th> <th style="width: 20%;">QP/ NOS Code & Version</th> <th style="width: 30%;">NQR Code</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>Home Health Aide</td> <td>HSS/Q5102 V2.0</td> <td>2021/HLT/HSSC/04105</td> </tr> <tr> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>			S. No.	QP/ Qualification/ NOS Name (As applicable)	QP/ NOS Code & Version	NQR Code	1	Home Health Aide	HSS/Q5102 V2.0	2021/HLT/HSSC/04105				
		S. No.	QP/ Qualification/ NOS Name (As applicable)	QP/ NOS Code & Version	NQR Code											
		1	Home Health Aide	HSS/Q5102 V2.0	2021/HLT/HSSC/04105											
7.	Brief Job Role Description	Individuals in this job provide assistance to patients with diverse needs in carrying out their daily living activities at different care settings like home, old age home, hospice, etc. Some of the key responsibilities of a Home Health Aide are to provide personal care, comfort, and assistance to the patient while they are coping up with their health conditions. They also report the health status to the service providers or other health professionals														
8.	NCO-2015 Code & Occupation <i>(Access the NCO 2015 volumes from: https://labour.gov.in/organizationsofmole/directorate-general-employment-training-dget)</i>	NCO-2015/5322.0101, Patient Care Services														
9.	Minimum Eligibility Criteria <i>(Educational and/ or Technical Qualification)</i>	Class 10 th														
10.	Entry Age for Apprenticeship	18 Years & Above														
11.	Any Licensing Requirements <i>(wherever applicable)</i>	N/A														

12.	Is the Job Role amenable to Persons with Disability	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If yes, check the applicable type of Disability <input type="checkbox"/> Locomotor Disability <input type="checkbox"/> Leprosy Cured Person <input type="checkbox"/> Cerebral Palsy <input type="checkbox"/> Dwarfism <input type="checkbox"/> Muscular Dystrophy <input type="checkbox"/> Acid Attack Victims <input type="checkbox"/> Blindness <input type="checkbox"/> Low Vision <input type="checkbox"/> Deaf <input type="checkbox"/> Hard of Hearing <input type="checkbox"/> Speech and Language Disability <input type="checkbox"/> Intellectual Disability <input type="checkbox"/> Specific Learning Disabilities <input type="checkbox"/> Autism Spectrum Disorder <input type="checkbox"/> Mental Illness <input type="checkbox"/> Multiple Sclerosis <input type="checkbox"/> Parkinson's Disease <input type="checkbox"/> Haemophilia <input type="checkbox"/> Thalassemia <input type="checkbox"/> Sickle Cell Disease <input type="checkbox"/> Multiple Disabilities Remarks:
13.	Submitting Body Details	Name: Healthcare Sector Skill Council E-mail ID: hsscst@healthcare-ssc.in Contact Number: 011-41017346/40505850, Extn: 111
14.	Certifying Body	Healthcare Sector Skill council and / or Industry
15.	Employment Avenues/Opportunities	Employment opportunities as per industry requirement
16.	Career Progression	The candidate may further enhance their skills sets mapping to competences of General Duty Assistant, General Duty Assistant- Advanced, Geriatric Care Aide, Home Health Aide and Sanitary Health Aide by additional or add on training
17.	Trainer's Qualification & Experience:	Medical Graduate with 1 years of sector specific experience Or

		B.Sc. (Nursing)/ Post Basic B.Sc. Nursing with 2 years of sector specific experience Or GNM (General Nursing Midwifery) with 3 years of sector specific experience
18.	Curriculum Creation Date	29/06/2022
19.	Curriculum Valid up to Date	29/01/2026

Module Details

S. No	Module/NOS Name, Code, Version	Outcomes	Assessment Marks		Passing Percentage	
			Th.	Pr.	Th.	Pr.
1.	Broad functions of Home health Aide NOS Name: Assist patient in bathing, dressing up and grooming NOS Code: HSS/N5133, V1.	<ul style="list-style-type: none"> • Explain the functions to be performed by an HHA in a home setting. • List down the roles and responsibilities that are included in the scope of an HHA • Explain techniques to maintain the personal hygiene needs of a patient • Explain various methods to ensure patient comfort and safety • Describe the importance of adhering to professional etiquettes while carrying out care activities • Explain professional conduct • Prepare a chart depicting roles and responsibilities of an HHA in home setting. 	20	30	70	70
2.	Introduction to human anatomy and physiology NOS Name: Support individuals to eat and drink	<ul style="list-style-type: none"> • List down various body parts. • Explain the Organisation of body cells, tissues, organs, organ systems, membranes, and glands in the human body. 	15	15	70	70

S. No	Module/NOS Name, Code, Version	Outcomes	Assessment Marks		Passing Percentage	
			Th.	Pr.	Th.	Pr.
	NOS Code: HSS/N5104, V2.	<ul style="list-style-type: none"> • Describe cells and tissues and their types. • Describe different types of organ systems. • Discuss different types of body fluids. • Discuss the skin components and underlying structures. • Explain the structure and functioning of human body systems using charts and models. • Identify various body parts/organs using 3D models of human organ system. • Design various working models depicting functioning of each human body system. 				
3.	Body Mechanics and ambulation at home NOS Name: Implement the interventions planned for patients with diverse needs	<ul style="list-style-type: none"> • Explain the kinetics of joints and movements • Discuss mechanisms that affect movements in the human body • Explain the general principles of body movements • List the principles of proper body mechanics to carry out patient 	55	104	70	70

S. No	Module/NOS Name, Code, Version	Outcomes	Assessment Marks		Passing Percentage	
			Th.	Pr.	Th.	Pr.
	NOS Code: HSS/N5137, V1.	<p>activities for proper ergonomics</p> <ul style="list-style-type: none"> • Explain the significance of maintaining proper joint mobility • Discuss the risk factors and considerations in faulty body postures • Describe various methods to improve body posture and gait • Discuss various exercises while sitting, standing, lifting, lying, etc. • Demonstrate usage of wheelchair, stretcher, shifting of patient from bed to stretcher, stretcher to operation theatre table etc., and in special situations. • Demonstrate usage of assisted devices like walker, cane, crutches etc while walking the patient. • Demonstrate the various types of positions like supine, left lateral, lithotomy, fowlers etc. • Demonstrate the correct use of body mechanics while lifting or transferring the patient. 				

S. No	Module/NOS Name, Code, Version	Outcomes	Assessment Marks		Passing Percentage	
			Th.	Pr.	Th.	Pr.
4.	Consent, observing, reporting and documentation NOS Name: Assist patient in bathing, dressing up and grooming NOS Code: HSS/N5133, V1.	<ul style="list-style-type: none"> • Observe changes in patients’ overall condition • Report changes in patients’ overall condition • Define the scope of practice for HHA in observing and reporting • Explain the use and importance of records and reports • Explain various types of records of importance for HHA • Explain the essential components of various records and the method of their documentation and retrieval • Explain the importance of observing and reporting the conditions of patient as well as taking consent while assisting the patient • Enter data in various forms and format according to the standard guidelines. • Create a sample set of documents to record procedure related information of client. • Demonstrate how to compile all the relevant information in sample formats 	20	30	70	70

S. No	Module/NOS Name, Code, Version	Outcomes	Assessment Marks		Passing Percentage	
			Th.	Pr.	Th.	Pr.
		necessary to create the database of client.				
5.	Bathing, grooming and dressing up a patient NOS Name: Assist patient in bathing, dressing up and grooming NOS Code: HSS/N5133, V1.	<ul style="list-style-type: none"> • Explain the difference in care provided to routine patients, terminally ill and differently abled patients • Explain the importance of bathing and its types such as Sitz bath etc. • Enumerate points to observe during bathing which needs to be reported • Identify the need of after bath care to the patient • List various changes to be observed and while providing bath and skin care • List early signs of pressure sores/ bed sores • Explain the causes of pressure sores (bed sores) • List various most comfortable and appropriate lying/ sitting positions, positioning of pillows etc. for bedridden patients to avoid bed sores • Explain the importance of maintaining oral care, skin, and nail care 	60	117	70	70

S. No	Module/NOS Name, Code, Version	Outcomes	Assessment Marks		Passing Percentage	
			Th.	Pr.	Th.	Pr.
		<ul style="list-style-type: none"> • Explain oral care in patients with dentures • Describe oral care in unconscious patients under supervision • List the steps of nail care under supervision • Discuss the procedure of performing hair care • Explain the proper technique of dressing up a patient • Demonstrate the types of baths • Demonstrate the techniques of sitz bath • Demonstrate the correct techniques of dressing up the patient • Demonstrate the method of oral care for conscious and unconscious patient • Demonstrate the steps of nail care • Demonstrate the steps of hair care • Demonstrate the steps of back care • Demonstrate the skin care routine 				
6.	Nutrition and hydration	<ul style="list-style-type: none"> • Explain the concept of nutrition • Explain the significance of proper dietary intake 	15	35	70	70

S. No	Module/NOS Name, Code, Version	Outcomes	Assessment Marks		Passing Percentage	
			Th.	Pr.	Th.	Pr.
	<p>NOS Name: Support individuals to eat and drink</p> <p>NOS Code: HSS/N5104, V2</p>	<ul style="list-style-type: none"> • Explain the various components of food such as carbohydrates, fats, proteins etc. • Enumerate various electrolytes crucial for patients • Discuss appropriate diet for various medical conditions such as low salt intake in hypertensive patient. • Differentiate between various types of diets such as solid diet, semi solid diets, and liquid diets etc. • List various the precautions to be taken while feeding the patient • List various signs of discomfort while feeding the patient • Discuss the signs of choking • Explain the process of reporting an event of choking or aspiration to a senior healthcare professional immediately • Discuss the principles of hygiene while assisting patient in feeding and drinking 				

S. No	Module/NOS Name, Code, Version	Outcomes	Assessment Marks		Passing Percentage	
			Th.	Pr.	Th.	Pr.
		<ul style="list-style-type: none"> • Explain the importance of intake and output record • Discuss the process of recording the dietary intakes after feeding • Demonstrate the oral feeding steps • Demonstrate the Ryle’s tube feeding • Demonstrate the process of recording intake and output 				
7.	Elimination needs NOS Name: Assist the patient in maintaining normal elimination NOS Code: HSS/N5105, V2	<ul style="list-style-type: none"> • Discuss the importance of various methods of caring during elimination needs • Differentiate care plan activities in patient with urine and bowel incontinence and in patients with urinary catheter. • Discuss the principles of hygiene and sanitation while assisting patient in elimination needs • List the importance of color and texture change of urine and stool • Explain the usage of various equipment used in elimination needs such as adult diapers, bedpan, urinal etc. 	30	70	70	70

S. No	Module/NOS Name, Code, Version	Outcomes	Assessment Marks		Passing Percentage	
			Th.	Pr.	Th.	Pr.
		<ul style="list-style-type: none"> • Explain the process of safely assisting a mobile patient to the toilet • Demonstrate the use of bedpan and urinal in bed for bed ridden patients • Demonstrate the steps of using diaper • Demonstrate the use of commode chair for mobile patients 				
8.	Care plan implementation and fall prevention NOS Name: Implement the interventions planned for patients with diverse needs NOS Code: HSS/N5137, V1.	<ul style="list-style-type: none"> • Enumerate various situations and risk factors that catalyze patient fall and injury • Describe techniques for preventing patient injury during transfer and positioning patient in bed • Describe care to be taken to avoid fall in high-risk patients such as patient with altered sensorium, epileptic patients, etc. • Describe the measures to be taken in the event of fall • Describe key points to check that the patient transfer equipment is in working condition • List down the types of restraints • Demonstrate the method of physical restraint to prevent injury 	40	90	70	70

S. No	Module/NOS Name, Code, Version	Outcomes	Assessment Marks		Passing Percentage	
			Th.	Pr.	Th.	Pr.
9.	Sanitation, safety, and First Aid NOS Name: Maintain a safe, healthy, and secure working environment NOS Code: HSS/N9617, V1.	<ul style="list-style-type: none"> • Explain the basics of first aid. • Identify precautions to take for personal safety. • Perform basic life support (BLS) as and when required. • Identify the hospital emergency codes. • Apply standard procedures to be followed in case of institutional emergencies. • Explain the use of protective devices such as restraints and safety devices • Demonstrate usage of hospital emergency codes and basic first aid in a mock drill depicting an institutional emergency. • Create a chart depicting different types of protective devices such as restraints and safety devices. • Create a flow chart depicting common emergency situations and its referral mechanism. 	20	39	70	70
10.	Infection control and prevention NOS Name: Follow infection control policies & procedures including	<ul style="list-style-type: none"> • Explain the concept of healthy living. • Describe the importance of infection control and prevention. • List strategies for preventing transmission of pathogenic organisms. • Explain the importance of incident reporting. 	10	20	70	70

S. No	Module/NOS Name, Code, Version	Outcomes	Assessment Marks		Passing Percentage	
			Th.	Pr.	Th.	Pr.
	biomedical waste disposal protocols NOS Code: HSS/N9618, V1.	<ul style="list-style-type: none"> • Discuss in brief about COVID-19 coronavirus infection. • Explain the concept of immunization. • Describe the hand-hygiene guidelines and procedures used in healthcare-settings. • Explain the importance of using Personal Protective Equipment (PPE). • List the types of PPE. • Describe the process of wearing and removing each of the PPE. • Explain various vaccinations against common infectious diseases. • Demonstrate the steps of spill management. • Demonstrate the procedures of hand hygiene. • Demonstrate the process of donning and doffing of PPE. 				
11.	Bio Medical Waste management NOS Name: Follow infection control policies & procedures including biomedical waste disposal protocols	<ul style="list-style-type: none"> • Categorize the different types of biomedical waste. • Explain the importance and mechanism of proper and safe disposal, transportation, and treatment of bio-medical waste. • Identify the various types of colour coded bins/containers used for disposal of biomedical waste. 	11	23	70	70

S. No	Module/NOS Name, Code, Version	Outcomes	Assessment Marks		Passing Percentage	
			Th.	Pr.	Th.	Pr.
	NOS Code: HSS/N9618, V1.	<ul style="list-style-type: none"> • Explain the importance of following local guidelines of biomedical waste disposal. • Segregate the biomedical waste applying the local guidelines. • Create a chart depicting different types of biomedical waste and various types of colour coded bins/containers used for disposal of biomedical waste. • Prepare a report on the observations from field assignment about the structure of transportation and treatment of biomedical waste. 				
12.	Soft skills and Therapeutic communication NOS Name: Support patients with diverse needs in coping up with their health conditions NOS Code: HSS/N5136, V1.	<ul style="list-style-type: none"> • Discuss the importance of effective communication with client, relatives, and colleagues. • Explain the range of client emotions, individual and family experiences, beliefs, behaviors, values, and adaptive capabilities. • Explain the importance of establishing the interpersonal/therapeutic relationship. • Discuss about the significance of decision making, problem-solving, stress and conflict management skills in counselling session. 	54	77	70	70

S. No	Module/NOS Name, Code, Version	Outcomes	Assessment Marks		Passing Percentage	
			Th.	Pr.	Th.	Pr.
		<ul style="list-style-type: none"> • Discuss the importance of leadership and teamwork skills in achieving desired result. • Discuss about the importance of following rules and policies of organization for maintaining code of conduct and scope of work. • Clarify common doubts of the patient and their acquaintances • Describe common patient concerns and the importance of handling the same. • Discuss the process of handling patient queries • Explain the details of the patient care plan • Discuss various types of consent applicable at home care settings • Demonstrate the usage of technical terms to ensure effective communication. • Apply active listening and communication (verbal and nonverbal) skills to identify, assess, and empathically respond to concerns. • Demonstrate skills of team- work and work prioritization in different team activities. 				

S. No	Module/NOS Name, Code, Version	Outcomes	Assessment Marks		Passing Percentage	
			Th.	Pr.	Th.	Pr.
		<ul style="list-style-type: none"> • Demonstrate basic telephone and email etiquettes. • Prepare sample reports using the information gathered from observation, experience, reasoning, or communication. 				
Total Marks			350	650	70%	70%

Glossary

Term	Description
Sector	Sector is a conglomeration of different business operations having similar business and interests. It may also be defined as a distinct subset of the economy whose components share similar characteristics and interests.
Sub-sector	Sub-sector is derived from a further breakdown based on the characteristics and interests of its components.
Occupation	Occupation is a set of job roles, which perform similar/ related set of functions in an industry.
Job role	Job role defines a unique set of functions that together form a unique employment opportunity in an organization.
National Occupational Standards (NOS)	NOS are occupational standards which apply uniquely in the Indian context
Description	Description gives a short summary of the unit content. This would be helpful to anyone searching on a database to verify that this is the appropriate OS they are looking for.

Acronyms

Acronym	Description
NOS	National Occupational Standard(s)
NSQF	National Skills Qualifications Framework
QP	Qualifications Pack
TVET	Technical and Vocational Education and Training
AIDS	Acquired Immune Deficiency Syndrome
GDA	General Duty Assistant
MLC	Medico Legal Case
MTP	Medical Termination of Pregnancy
IV	Intravenous

Annexure 1: Tools and Equipment

List of Tools and Equipment

<Specify the Batch size, if required>

The tools and equipment required are:

S. No.	Tool / Equipment Name	Specification
1	Ambu bag with Mask	(Adult)
2	Ambu bag with Mask	Paediatric
3	AED Trainer With Adult Pad	
4	Wall Watch with second hands	
5	Oxygen Cylinder B types with trolley	
6	Oxygen Key	
7	Hospital Bed	(Automatic)
8	Hospital Bed - Manual Fowler Bed	(3 parts at least)
9	Bedside Locker	
10	Cardiac Table	
11	3 Part Mattress	
12	Bed Sheet	
13	Pillow	
14	Pillow Cover	
15	Woolen Blanket	
16	Wheel Chair	
17	Walker	
18	Crutch	
19	Cane	
20	Stretcher Trolley with wheels	
21	Scoop stretcher	
22	Back Rest	
23	Foot Rest	
24	Steel Basin	(Medium)
25	Steel Basin (Small)	

26	Bed Pan	
27	Urinal Male	
28	Urinal Female	
29	Sand Bag	
30	Weighing Machine	
31	Steel Instrument Tray	(Large)
32	Steel Instrument Tray	(Medium)
33	Steel Instrument Tray	(Small)
34	Artery Forceps	
35	Dissecting Forceps	
36	Scissor	
37	Nail Cutter & Filer	
38	Splint of varied size	
39	Cervical Collar	(Medium)
40	Spine Board	
41	Steel Plate	
42	Steel Glass	
43	Steel Bowl	
44	Spoon	
45	Steel Jug	
46	Sitz Bathtub	
47	Kidney Tray of varied size	Each Size
48	Iv Stand	
49	Measuring Glass	
50	Measuring Tape	
51	Goggles (PPE)	
52	Suction Apparatus	
53	Syringe Destroyer with needle burner	
54	Thermometer - Mercury	
55	Thermometer - Digital	
56	Syringe 50 Cc/MI	
57	B.P. Monitoring Machine - Manual	

58	B.P. Monitoring Machine - Digital	
59	Hot Water Bag	
60	Ice Packs	
61	Steel Guaze Drums	
62	Dressing Kit	
63	Dressing Trolley	
64	Folley Catheter of varied size	Each Size
65	Ryle'S Tube of varied size	Each Size
66	Blood Collection tubes with different color caps(Red/Black/Voilet)	Box Each
67	Call Bell	
68	Rubber Sheet/disposable under sheet	
69	Draw Sheet	
70	Bandage	
71	Suction Cathetar of varied size	Each Size
72	Bulb Syringe	
73	Oxygen Mask	
74	Nasal Prong	
75	Nasal Canula	
76	Stethoscope	
77	Big Towel	
78	Gown - PPE	
79	Gloves (Disposable) - Packet	packets
80	Liquid Soap Bottle	
81	Mask - Packet	packets
82	Shoe Cover - Packet	packets
83	Hair Cap - Packet	packets
84	Sponge Cloth	
85	Wet Wipes - Packet	packets
86	Comb	
87	Tooth Brush	
88	Toothpaste	

89	Hair Oil	
90	Shampoo Bottle	
91	Bath Soap	
92	Small Bath Towel	
93	Sponge Cloth	
94	Face Towel	
95	Isopropyl Solution	Bottle
96	Different Color Plastic Bags with Dustbins (Red)	
97	Different Color Plastic Bags with Dustbins (Blue)	
98	Different Color Plastic Bags with Dustbins (Black)	
99	Different Color Plastic Bags with Dustbins (Yellow)	
100	Uro Bag	
101	Sample Collection Bottle	
102	Gauze Piece (4X4)	
103	Betadine Solution Bottle	
104	Cotton Rolls	
105	Cotton Absorbent	
106	Normal Saline Bottle	
107	Micropore of varied size	Each Size
108	Spatula	
109	Hydrogen Peroxide Bottle	
110	Cleaning Solution (Colin)	
111	CPR Manikin	Half Body
112	Nursing Manikin male/ female	
113	Registers (Attendance)	
114	Registers (Records)	
115	Screens for Privacy	
116	Diaper (Adult)	
117	Diaper Paediatric	
118	Air Mattress	
119	Shaving Kit	
120	Steam Inhaler	

121	Hand Washing area with sink and hand washing instructions	
122	Patient Dress Male	
123	Patient Dress Female	
124	Hair Care Tray	sets
125	Oral Care Tray	sets
126	Nail Care Tray	sets
127	Back Care Tray	sets
128	Personal Hygiene Tray	sets
129	Sharp Container	
130	Glucometer with lancets/strips	
131	Food Items	
132	Sputum Mug	
133	Syringes of Varied sizes	each size
134	Iv cannula of various sizes	each size
135	Spirometry	

Classroom Aids

The aids required to conduct sessions in the classroom are:

- 1 Projector
- 2 Computer/laptops
- 3 Internet connectivity
- 4 Whiteboard
- 5 Chairs
- 6 Marker
- 7 Duster
- 8 Registers
- 9 Pen
- 10 Pencil

Annexure 2: Assessment Strategy

This section includes the processes involved in identifying, gathering, and interpreting information to evaluate the apprentice on the required competencies of the program.

Assessment outcomes	Element	Assessment Criteria for outcomes	Total Marks per NOS	Marks Allocation			
				Theory	Viva	OJT	Skills Practical
HSS/N5133: Assist patient in bathing, dressing up and grooming	Maintain patient's privacy	PC1. ensure patient's privacy using various means like screens, curtains, locking the door, etc.	277	10	5	10	
		PC2. drape the patient once the procedures (such as back care, dressing up, perineal care) are completed					
	Assist the patient in bathing	PC3. identify the type of bath that is best suited as per the guidelines, based on the patient's condition and comfort.		30	10	10	5
		PC4. dry patient's skin with a towel and offer back rub after bathing or at bed time to stimulate circulation while ensuring patient's safety					5
		PC5. clean and store bathing articles (like tub, shower, chair, sponge tray, bucket, etc.) before and after each use					5
		PC6. check the water temperature before patient checks in for bathing					10
		PC7. clean the body part starting from the cleanest to the dirtiest region while performing various					5

		procedures such as perineal care, eyecare or when bathing a patient with skin lesions and rashes					
		PC8. report to the concerned authority about any unusual observation such as cyanosis, rashes, broken, dry, reddened or bruised skin, abnormal body temperature, bleeding, tenderness etc				5	
	Assist the patient in dressing up	PC9. use standard procedure and protocols for dressing-up a patient	30	10	10	10	
		PC10. select appropriate clothing for patient keeping in mind the gender, age, preferences of the patient, size, weather and hospitals/procedural protocols				10	
		PC11. ensure clothes and the footwear fit the patient correctly				5	
		PC12. ensure the clothing is fastened with elastic fasteners				5	
		PC13. remove all the accessories like belts, jewellery and scarfs and hand over to the patient's family with proper documentation				5	
	Assist the patient in grooming	PC14. follow standard procedure and protocols in providing oral care, hair care and nail care keeping patient's comfort and condition in mind	30	10	10	10	
		PC15. perform care activities cautiously to avoid injuries to the skin and membranes				5	
		PC16. store dentures as per latest guidelines/manufacturer's recommendations with patient's identification details to avoid confusion				6	
		PC17. do part preparation for operative procedure under guidance				6	

		as per directives from concerned authority							
		PC18. report unusual findings to the concerned authority						5	
HSS/N5104 Support individuals to eat and drink	Provide adequate support to the patient during drinking and eating	PC1. wash one's hands and the patient to maintain hygiene and to prevent spread of infections	80	30	10	10	2	2	
		PC2. make the patient comfortable and encourage them to eat and drink independently as much as possible							2
		PC3. use appropriate cutlery while feeding the patient, keeping in view the food temperature							2
		PC4. ensure the food provided is according to the dietary prescription of the attending physician or dietician							2
		PC5. assist the patient in the event of symptoms of distress like coughing and regurgitation while feeding and drinking and report accordingly							2
		PC6. assist the patient to maintain elimination needs and oral care prior to feeding							2
		PC7. wipe the patients' hands and mouth and clean their dress after the procedure							3
		PC8. maintain self-cleanliness and hygiene after feeding							2
		PC9. provide water or liquid diet to the patient according to the prescribed instruction							3
		PC10. ensure that the patient is upright or in high Fowler's position during eating and drinking in order to prevent aspiration							3
		PC11. report dehydration as evidenced by dry skin and take proper steps for fluid replenishment under							3

		guidance						
		PC12. measure the details of the intake and record them appropriately						4
HSS/N5105 Assist patient in maintaining normal elimination	Support the patient during elimination needs	PC1. respond promptly to patients' elimination needs as per hospitals/procedural protocols	100	30	10	10	2	
		PC2. assist a mobile patient in going to the toilet and provide support like giving toilet paper if required or stabilize the commode						5
		PC3. wash the patient's and one's hands to prevent infection						5
		PC4. ensure hygiene and cleanliness of patient and surroundings especially in the event of spillage						2
		PC5. use bed pan, urinal, uro-bag and other elimination equipment as per procedures and guidelines based on patient's comfort and condition						10
		PC6. empty the uro bag frequently as per standard procedures and record the output under supervision						5
		PC7. clean and disinfect the equipment after use						8
		PC8. record changes in color or texture of the feces and report unusual findings immediately						8
		PC9. measure output and record them						5
HSS/N5136: Support patients with diverse needs in coping up with their health conditions	Communicate with patient and their acquaintances effectively	PC1. introduce oneself to the patient and their acquaintances to make them feel comfortable	131	28	15	12		
		PC2. discuss their roles and responsibilities and relevant information for patient care with the patient and their acquaintances						
		PC3. identify the patient's needs to be addressed before beginning to work with them						

		PC4. respond to any concerns shared by the patient and their acquaintances sensitively						
		PC5. respect the rights of the patient and their acquaintances						
		PC6. contact the service provider in case of any assistance required						
		PC7. inform the patient and their acquaintances about the progress and anticipated timeline for resolution of their concern						
	Help patients to cope up with their health conditions	PC8. obtain an informed consent of the patient as per service provider's policies and procedures	26	15	12	2		
		PC9. obtain relevant information from the patients and their acquaintances about their health conditions						5
		PC10. identify concerns where support for the patient is required						4
		PC11. address the concerns with required actions for meeting patients' health needs						5
		PC12. escalate any concerns that cannot be resolved to appropriate authority						2
		PC13. inform to all the concerned authorities about the patient's health status						5
HSS/N5137: Implement the interventions planned for patients with diverse needs	Support in mobility of the patient	PC1. check patient's medical condition before mobilization and estimate if additional help is required based on his/her weight and ability	289	21	15	12	5	
		PC2. ensure the patient has comfortable clothing during mobility						2
		PC3. maintain patient's privacy during mobility						5

		PC4. use the correct equipment and techniques for mobilizing the patient to avoid falls or injuries				3
		PC5. use proper body mechanics for lifting the patient				5
		PC6. ensure that tubing attached to patient are intact while mobilizing				5
		PC7. help the patient to move independently as much as possible				5
	Support service provider in development of care plan	PC8. identify the needs and expectations of the patient from service provider	24	15	12	5
		PC9. identify the immediate requirements to be addressed in the individualized care plan as per current or previous interventions that the patient may have experienced				5
		PC10. make arrangements for the interventions as per the patient's priority and their specific requirements				5
		PC11. check if the environment is suitable for the intervention				5
		PC12. maintain the privacy and dignity of the patient				5
	Implement the interventions as per individualized care plans	PC13. implement the intervention as per agreed individualized care plan in a safe and effective manner	25	10	10	5
		PC14. maintain consistency with the patient's needs and specific requirements during implementation of care plan				5
		PC15. ensure patients participate effectively during implementation of care plan				3
		PC16. minimize any discomfort to the patient within the constraints imposed by the intervention method				3
		PC17. ensure that the acquaintances are providing appropriate support to the patient throughout the intervention				2

		PC18. ensure patient safety to prevent a fall or an injury throughout the intervention					2
	Monitor the outcomes of interventions undertaken	PC19. monitor the effects of the intervention on the patient throughout the process		25	15	10	10
		PC20. identify any indications of increased risk after intervention					5
		PC21. inform the concerned authority and acquaintances if implemented interventions are not beneficial as expected					5
HSS/N9617 Maintain a safe, healthy and secure working environment	Comply the health, safety and security requirements and procedures for workplace	PC1. identify individual responsibilities in relation to maintaining workplace health safety and security requirements	59	7	10	2	
		PC2. comply with health, safety and security procedures for the workplace					
		PC3. comply with health, safety and security procedures and protocols for environmental safety					
	Handle any hazardous situation with safely, competently and within the limits of authority	PC4. identify potential hazards and breaches of safe work practices	8	10	5		
		PC5. identify and interpret various hospital codes for emergency situations					
		PC6. correct any hazards that individual can deal with safely, competently and within the limits of authority					
		PC7. provide basic life support (BLS) and first aid in emergency situations, whenever applicable					
		PC8. follow the organization's emergency procedures promptly, calmly, and efficiently					
		PC9. identify and recommend opportunities for improving health, safety, and security to the designated person					
		PC10. complete any health and safety records legibly and accurately					

	Report any hazardous situation and breach in procedures to ensure a safe, healthy, secure working environment	PC11. report any identified breaches in health, safety, and security procedures to the designated person PC12. report the hazards that individual is not allowed to deal with to the relevant person and warn other people who may get affected promptly and accurately		5	10	2	
HSS/N9618 Follow biomedical waste disposal and infection control policies and procedures	Classification of the waste generated, segregation of biomedical waste, proper collection and storage of waste	PC1. handle, package, label, store, transport and dispose of waste appropriately to minimize potential for contact with the waste and to reduce the risk to the environment from accidental release	64	5	10	3	
		PC2. store clinical or related waste in an area that is accessible only to authorized persons					
		PC3. minimize contamination of materials, equipment and instruments by aerosols and splatter					
	Complying with effective infection control protocols that ensure the safety of the patient (or end-user of health-related products/services)	PC4. apply appropriate health and safety measures following appropriate personal clothing & protective equipment for infection prevention and control	8	10	5		
		PC5. identify infection risks and implement an appropriate response within own role and responsibility in accordance with the policies and procedures of the organization					
		PC6. follow procedures for risk control and risk containment for specific risks. Use signs when and where appropriate					
		PC7. follow protocols for care following exposure to blood or other body fluids as required					
		PC8. remove spills in accordance with the policies and procedures of the organization					
		PC9. clean and dry all work surfaces with a neutral detergent and warm water solution before and after each session or when visibly soiled					
		PC10. demarcate and maintain clean and contaminated zones in all aspects of health care work					

		PC11. confine records, materials and medications to a well-designated clean zone					
		PC12. confine contaminated instruments and equipment to a well-designated contaminated zone					
		PC13. decontaminate equipment requiring special processing in accordance with quality management systems to ensure full compliance with cleaning, disinfection and sterilization protocols					
		PC14. replace surface covers where applicable					
		PC15. maintain and store cleaning equipment					
		PC16. report and deal with spillages and contamination in accordance with current legislation and procedures					
	Maintaining personal protection and preventing the transmission of infection from person to person	PC17. maintain hand hygiene following hand washing procedures before and after patient contact and/or after any activity likely to cause contamination	8	10	5		
		PC18. cover cuts and abrasions with water-proof dressings and change as necessary					
		PC19. change protective clothing and gowns/aprons daily, more frequently if soiled and where appropriate, after each patient contact					
		PC20. perform additional precautions when standard precautions alone may not be sufficient to prevent transmission of infection					

Annexure 3: Mode of Training

The following Modules/NOS may also be delivered online for which the resources are provided in the given table.

S. No.	Module Name/NOS Name (As Per Curriculum)	Name of Mapped Online Component	URL of Mapped Online Component
1	<i>HSS/N5133 Assist patient in bathing, dressing up and grooming</i>		https://eskillindia.org
2	<i>HSS/N5104 - Support Individuals to eat and drink</i>		https://eskillindia.org
3	<i>HSS/N5105 - Assist the patient in normal elimination</i>		https://eskillindia.org

Infra requirement:

- **PC/Laptop**
- **Internet**
- **Subject Materials**
- **Basic Infra**
- **Refreshment**
- **Training Calendar / Agenda**