



# Participant Handbook

Sector  
**Health**

Sub-Sector  
**Allied Health and  
Paramedics**

Occupation  
**Diabetes Educator**



Reference ID: **HSS/Q8701, Version 1.0**  
NSQF level: 4

## Diabetes Educator

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**Shri Narendra Modi**  
Prime Minister of India

“ Skilling is building a better India. If we have to move India towards development then Skill Development should be our mission. ”



## Certificate

### COMPLIANCE TO QUALIFICATION PACK – NATIONAL OCCUPATIONAL STANDARDS

is hereby issued by the

HEALTHCARE SECTOR SKILL COUNCIL

for

### SKILLING CONTENT : PARTICIPANT HANDBOOK

Complying to National Occupational Standards of

Job Role/ Qualification Pack: **"Diabetes Educator"** QP No. **"HSS/ Q 8701, NSQF Level 4"**

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\*Valid up to the next review date of the Qualification Pack or the

'Valid up to' date mentioned above (whichever is earlier)

Authorised Signatory

( Healthcare Sector Skill Council)

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HSSC dedicates this book to youth of the country who desire to learn specialized skills, an invaluable asset for making a career in the Healthcare Sector and wish to be part of the most Nobel profession of saving life.

*For Healthcare Sector Skill Council*

**Dr Shubnum Singh**

(Chairperson, HSSC Content Approval Committee)

*For Healthcare Sector Skill Council*

**Mr. Ashish Jain**

(Chief Executive Officer)

## About this book

This Participant Handbook is designed to enable training for the specific Qualification Pack(QP). Each National Occupational (NOS) is covered across Unit/s.

Key Learning Objectives for the specific NOS mark the beginning of the Unit/s for that NOS.

- Describe the role of a Diabetes Educator and verbalize the roles of various healthcare providers.
- Demonstrate the ability to perform clinical and technical skills essential in providing education to the diabetic or pre diabetic patients.
- Demonstrate professional behavior, personal qualities and characteristics of a Diabetes Educator.
- Demonstrate communication process of a Diabetes Educator, which also reflects professional appearance and a positive attitude.
- Practice infection control measures.
- Demonstrate safe and efficient interventions for patient safety.
- Demonstrate to assess, set and plan the goals for departing education to the diabetic patients.
- Apply documentation, reporting and follow up activities to the patients and the health team.
- Describe the role of basic Healthcare provider and verbalize the role of basic Healthcare providers.
- Verbalize the roles and responsibilities of the Diabetes Educator.
- Demonstrate right methods of Bio Medical Waste Management.
- Demonstrate Basic Life Support, Cardio Pulmonary Resuscitation and other actions in event of medical and facility emergencies.
- Describe and understand the structure and functioning of the human Body.
- Understand and verbalize the mechanism of regulation of blood glucose in human body.
- Verbalize the role of Pancreas towards metabolism, absorption, storage and excretion of blood glucose in human body.
- Describe the term Diabetes and verbalize it's epidemiology in Indian scenario.
- Demonstrate steps to be initiated while providing First Aid

Symbols used in the book have been listed below.

### Symbols Used



Key Learning  
Outcomes



Steps



Time



Tips



Notes



Unit  
Objectives



Exercise



Skills Practical



OJT

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